

Don't be Blindsided by Glaucoma.



It is estimated 50% of people with glaucoma are undiagnosed.¹
Could you be one of them? Take this test to see if you are at risk.

Left untreated, glaucoma can lead to irreversible blindness.
Early detection can save sight.

	YES	NO	UNSURE
Do (or did) any of your blood relatives have glaucoma? ²	☐	☐	☐
Are you aged 50 years or over? ²	☐	☐	☐
Do you have an African or Asian ethnic background? ²	☐	☐	☐
Do you have diabetes? ²	☐	☐	☐
Do you experience migraines? ²	☐	☐	☐
Are you very nearsighted or very far sighted? ²	☐	☐	☐
Have you ever had an eye operation or an eye injury? ²	☐	☐	☐
Do you have a history of high or low blood pressure? ²	☐	☐	☐
Have you ever been on a prolonged course of cortisone (steroid) medication? ²	☐	☐	☐

If you have answered 'yes' or 'unsure' to one or more of these questions
you may be at a higher risk of developing glaucoma.

Make an appointment with your optometrist and get tested.

1. Keel S, Xie J, Foreman J, Lee PY, Alwan M, Fahy ET, et al. Prevalence of glaucoma in the Australian National Eye Health Survey. Br J Ophthalmol. 2018;26 April 2018;10.1136/bjophthalmol-2017-311786.2. NHMRC Guidelines for the Screening, Prognosis, Diagnosis, Management and Prevention of Glaucoma 2010. Pp 12-14. <https://nhmrc.gov.au/about-us/publications/guidelines-screening-prognosis-diagnosis-management-and-prevention-glaucoma> (Accessed 23 NOV 2018)

